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New Look for Tea

You'll love the sleek design and wide selection of teas at this spa in Charlotte.



The design of the common area in the spa reminds us more of a New York loft than a Charlotte shopping center space.

We'll be honest: The drive to Urbana Cityspa & Teabar is less than urban. Tucked into a nondescript shopping center on the south end of Charlotte, it feels like one of those secret local spots you trip over when you're lost. Turns out, it's the perfect place to lose yourself.

No one slings up to the tea bar. They settle in, ushered by that soothing vibe permeating each inch of the space. Remember, it's a spa. People speak in near-whispers. They really breathe.

This place possesses the clean lines of a posh lounge minus the pretension. "I knew it had to be modern," says owner Nancy Goodwin. "But the colors had to be warm." You'll notice the décor—robin's egg blue and rust tied in with beige. Candle flames from Himalayan salt lamps subtly flicker to further calm the environment.

Urbana imports teas from all over the world, so your most difficult—and delightful—decision will be choosing from more than 100 varieties. But that's part of the fun, right? Try some samples. Ask questions. "Tea is a simple way to enhance a healthful lifestyle," says Nancy.

Urbana Cityspa & Teabar: 7510 Pineville-Matthews Road, Suite 5B, Charlotte, NC 28226; www.escape2urbana.com or (704) 543-1700. Directions: From I-485, take Exit 64B; head east on State 51 to Carmel Village Shopping Center.