

2008 BOB AWARDS

# Charlotte<sup>®</sup>

# BEST OFF THE BEST

May 2008 \$3.95  
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Food, Shopping, Kids Stuff, Arts, Sports,  
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**266**  
Winners  
Our Biggest  
List Ever!



Massage

## **Japanese Tea Ceremony**

Urbana Cityspa & Teabar

The benefits of green tea antioxidants (*left*) is undeniable so Urbana went one step further and decided to massage it (in buttery lotion form) into every sore muscle in your body, relaxing and rejuvenating you in sixty blissful minutes (\$100). Your skin absorbs all the benefits of the mighty tea while a smidge of caffeine reduces appearance of cellulite. 7510 Pineville Matthews Rd., 704-543-1700